

**Bagpipe Solutions By John Cairns**  
**Bagpipe Instructional Tutor for Light Music**  
**Volume 4 - CD Tracks**

The Volume 4 CD has been included with this tutor book. These tracks correspond with the educational material found in Bagpipe Solutions By John Cairns, Bagpipe Instructional Tutor for Light Music, Volume 4 - Learner Level.

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The following tracks can be found on the Volume 4 CD that is included with this tutor book:

#	Track	#	Track
1	Legato and Staccato Sounds	39	High A Throw Exercise #1
2	Simple Time Rhythmic Exercise #1	40	High A Throw Exercise #2
3	Simple Time Rhythmic Exercise #2	41	High G Throw Exercise #1
4	Simple Time Rhythmic Exercise #3	42	High G Throw Exercise #2
5	Simple Time Rhythmic Exercise #4	43	Light D Throw Exercise #1
6	Compound Time Rhythmic Exercise #1	44	Light D Throw Exercise #2
7	Compound Time Rhythmic Exercise #2	45	Grip Exercise #1
8	Compound Time Rhythmic Exercise #3	46	Grip Exercise #2
9	The Five Steps for the Strike In	47	Taorluath Exercise #1
10	Controlling and Regulating the Airflow	48	Taorluath Exercise #2
11	Applying Pressure With Your Arm	49	Heavy D Throw Exercise #1
12	Controlling the Pressure With Your Arm	50	Heavy D Throw Exercise #2
13	Tonal Exercise #1	51	Low G Doubling & Half Doubling Exercise
14	Tonal Exercise #2	52	Low A Doubling & Half Doubling Exercise
15	Tonal Exercise #3	53	B Doubling & Half Doubling Exercise #1
16	Tonal Exercise #4	54	B Doubling & Half Doubling Exercise #2
17	Ear Training Exercise	55	C Doubling & Half Doubling Exercise #1
18	Slow March Attack and Cut Off Exercise	56	C Doubling & Half Doubling Exercise #2
19	Quick March Attack and Cut Off Exercise	57	D Doubling & Half Doubling Exercise
20	Strike Exercise #1	58	E Doubling & Half Doubling Exercise #1
21	Strike Exercise #2	59	E Doubling & Half Doubling Exercise #2
22	High G (Single Gracenote) Strike Exercise	60:	F Doubling & Half Doubling Exercise #1
23	The Four Doubling Strikes	61	F Doubling & Half Doubling Exercise #2
24	Doubling Strike Exercise	62	Plain Birl Exercise
25	Low G Single Gracenote Exercise	63	Low A Birl Exercise #1
26	High A Single Gracenote Exercise	64	Low A Birl Exercise #2
27	High G Single Gracenote Exercise #1	65	High G Single Gracenote Birl Exercise #1
28	High G Single Gracenote Exercise #2	66	High G Single Gracenote Birl Exercise #2
29	E Single Gracenote Exercise #1	67	Phrases of " <b>Scots Wha Hae</b> "
30	E Single Gracenote Exercise #2	68	Phrases of " <b>The Brown Haired Maiden</b> "
31	D Single Gracenote Exercise #1	69	" <b>Scots Wha Hae</b> "
32	D Single Gracenote Exercise #2	70	" <b>The Brown Haired Maiden</b> "
33	The G, D, E Gracenote Movement	71	Phrases of " <b>The Ash Grove</b> "
34	G, D, E Gracenote Movement Exercise	72	Phrases of " <b>A Man's A Man For A' That</b> "
35	The Strathspey Movement	73	Phrases of " <b>Land Of My Youth</b> "
36	Strathspey Movement Exercise	74	" <b>The Ash Grove</b> "
37	The Tachum Movement	75	" <b>A Man's A Man For A' That</b> "
38	Tachum Movement Exercise	76	" <b>Land Of My Youth</b> "